



# Optimist Pioneer



The Optimist Club of Albuquerque,  
New Mexico Bulletin

Chartered March 9, 1940



In Our 84th. Year of Serving the Youth of New Mexico

Volume 84 September 03, 2023 Issue No. 26

### 2022-2023 Officers

- International President:  
*Robert McFadyen* - 519-500-9458
- International Vice President:  
*Linda McDonald*
- New Mexico-West Texas District Governor:  
*Jack Barclay* - 575-202-2796
- New Mexico-West Texas District Sec./Treas.:  
*Lynne Martin* - 505-980-4107
- Zone 3 Lt. Governor:  
*James E. White* - 505-238-1436
- Club President:  
*James E. White* - 505-238-1436
- Vice President for Admin.:  
*Steve A. Garcia* - 505-836-4035
- Vice President for Youth:  
*Fred Trussell* - 505-280-4509
- Immediate Past President:  
*James E. White* - 505-238-1436
- Club Secretary / Treasurer:  
*Rita R. White* - 505-238-1437
- Club President Elect. 23-24  
*Pat Trussell* - 505-280-1753

### Board of Directors:

- 2 years:
1. *Open*
  2. *LaSheka Mason*
  3. *Patricia Trussell*
- 1 year:
1. *Catherine Hatcher*
  2. *Dolores Morgan*
  3. *Open*

Club Sergeant-at-Arms:  
*Steve Garcia*

Club Door Greeters:  
*Patricia Trussell*

Optimist Supply:  
<http://www.shumskyideas.com/optimist/>  
NMCRS# 219956  
FED TAX ID (EIN) #850110839

### Message from our Club President

**Positive Thought for Today:** "The energy you project is the power others receive. Live in a positive space."

— **Andrew Pacholyk**

Join with other to help Celebrate Community.  
Join your fellow Optimists in sending out positive energy to help your community grow and prosper.

*James White - Club President 2022-2023*

### ZUCoA (The Optimist Club of Albuquerque, New Mexico) Friday Luncheon:

Join us on Friday, Sept. 8th. at 12:00 for our next Club Luncheon. It will be a hybrid Luncheon at the Overture Apartments. Birthdays & Anniversaries.

### Optimist International offers Leadership skills:

Optimist Institute (formerly LMS): **Free for all Optimist Members!**

The quickly growing content includes the annual Club Officer Courses, and courses in a host of other areas: leadership development, technology (with focus on Microsoft Office products and social media to help your Club and yourself!), optimism, youth and sports, Optimist sponsored programs, personal development skills, and diversity (like working with different generations)

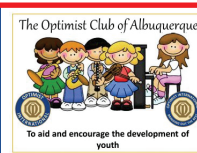
### Distinguished Members of The Optimist Club of Albuquerque, New Mexico

- 1940-1941 Walter Dolde Charter President
- 1946-1947 P. J. DeVeau District Governor
- 1952-1953 A. F. Reigler District Governor
- 1954-1955 Ben Osuna District Governor
- 1959-1960 L. M. Gross District Governor
- 1961-1962 H. J. Barnett District Governor
- 1963-1964 Al Valdez District Governor
- 1965-1966 OI Vice President
- 1966-1967 Ray Eichner District Governor
- 1987-1988 Robert Furry District Governor
- 1988-1989 Arlin Pennington District Governor
- 1991-1992 Fred Leach District Governor
- 2007-2008 Venus Sanford District Governor
- 2016-2017 OI Vice President
- 2021-2022 Fred Trussell District Governor



Join us on **facebook**

<https://www.facebook.com/OptimistClubofABQ/>



<https://optimistclubofalbuquerque.org>

This is the Club's Website.

If you get the bulletin by email hold ctrl key down and click on line above.

### ZUCoA NM Events Calendar:

Club Luncheon, Fri. Sept. 8, **Hybrid** - 12:00 - Birthdays & Anniv.

RM Highland House Bingo, Fri., Sept. 8 - 5:50 - 8:15

Youth Appreciation, Rio Communities City Hall, Sept. 9 - 10:00

Club Luncheon, Fri. Sept. 15, **Hybrid** - 12:00 - Police Officers

Club Luncheon, Fri. Sept. 22, **Hybrid** - 12:00 - Open Meeting

RM Yale House Bingo, Fri., Sept. 22 - 5:50 - 8:15

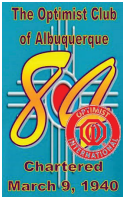
NM-WT District #19  
2022-2023



Grow Optimism,  
water it with the Creed



Club Contact information:  
**James White** -505.238.1436  
[jimnewmex101@gmail.com](mailto:jimnewmex101@gmail.com)



Friend of Youth



The Optimist Club of Albuquerque, New Mexico

### ★★ZOCOA Luncheon: (Sept. 8<sup>th</sup>)★★

Sept 8th. will be our next Club Luncheon. It will be a hybrid lunch. So join us for fun and fellowship. Cupcakes for birthdays and Anniversaries

#### How food service for Luncheons works:

You will be able to select from the provided menu, bring your own food or not eat during the meeting. All orders and confirmation that you will be at the meeting must be received by Friday 9:00 am.

We will send out a menu for each weeks meeting no later than Tuesday. Use this menu to confirm that you will be at the meeting and what you would like to eat. We will pick up the food items and have them ready for you when you arrive on Friday.

The price of the meals is \$15. If you bring your own or do not eat we will charge you \$3 for incidentals and to help cover meals for speakers and Police Officers.

**Food Orders will be placed Friday morning** If you order a meal and do not inform us by Friday 9:00 am of a change then you will be charged for the meal because we have to pay for it.

#### It's a live meeting people!

It will be simulcast via Zoom for those unable to attend live

### ZOCOA NM Club Luncheon: (Sept. 1<sup>st</sup>)

Jim called the meeting to order and welcome everyone. Fred gave the invocation and Pat led the pledge. Jim gave his positive thought for the day. Everyone welcomed our guest Lynne. Stephanie and her husband Rick joined us a few minutes later.

We recited the Purposes of Optimist International so we can all do a better job of telling others what our Purposes are.

Jim mentioned that we had reached the 100% mark for Dine-A-Day. Good job everyone.

We spent a few minutes talking about the Kids Speak Out program. We are hoping to get it started at Janet Kahn.

Our program for the day was a video of the 2014 University of Texas Commencement Address by retire Admiral William H. McRaven. The address is considered to be one of the greatest commencement speech of all times and is definitely a great motivation speech about reaching out and touching the lives of others.

Stephanie read aloud the applications from Jules and Devon. They are requesting that we accept their transfer from the Santa Fe Club to our Club.

Jim mentioned that we will hopefully have our Police Officers of the Month on the 15th. and have invited other Clubs to make it a Celebrate Community event.

We discussed our involvement in the Rio Communities Youth Appreciation Event. We need to arrive by 9:00 to help set up. We will be helping with a number of activities.

Jim talked about Chips and Cereal for the RM Houses. Costco has both.

Jim reminded everyone that Sept. 29 will be a La Copita fellowship get together at the Sheraton.

Oct.1 will be an Installation Banquet to install our 2023-2024 Club Officers. It will be at the Overture 55+ Apartments and catered by our friends at Turquoise Roadrunner Catering.

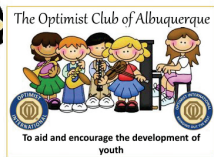
Jim reminded everyone that we need to find 8 or 9 new members.

We closed the Luncheon with the Optimist Creed.



Check out our Facebook page click on the line below

<https://www.facebook.com/OptimistClubofABQ/>



### Bingo Night at Ronald McDonald House:



Our next Bingo Night will be **Sept. 8<sup>th</sup>** at the **Highland** Ronald McDonald House at 1011 Central Ave. NE. Parking is on the west side of the building. We will start set up at 5:30.

We need prizes for boys and girls age 1 to 14. We need baby items and items for parents. We need father items.

**Club Polo shirts:** Several members have ordered Club Shirts. The order has been sent out. Hopefully we will hear back in a couple of weeks.

### MEMBER DONATIONS:



Keep your eyes open we are looking for somewhere to purchase individual cereal bowls to donate to the Ronald McDonald Houses.



We are hoping for a donation or a price of under 75¢ or less per bowl.

The bowls work best for resident families.

## The Optimist Creed

### Promise Yourself -

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



### Attendance at the Sept. 1 Lunch:

**We missed 10 members this week.**

We currently have 15 members. In attendance: **(8)**, 5 members, 6 excused (73%) and 3 guests.

Attending the meeting were: **Stephanie S., Fred T., Pat T., Jim W., and Rita W.**

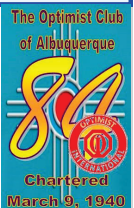
Excused: **David C., Kay F., Catherine H., Lasheka M., Starr P., and Ron R.**

Guests: **Dist. S/T Lynne Martin, Rick Smith and Bailee Eastman**

### Club Bulletin:

Let me know of upcoming events and speakers.

If you have information to put in the bulletin call Jim White 238-1436 or email me at [jimnewmex101@gmail.com](mailto:jimnewmex101@gmail.com)





## Upcoming Club Events: (Club Meetings at Overture 55+)

- Sept. 8, Fri. Club Luncheon, **via Hybrid** - 12:00 - Birth & Anniv.  
 Sept. 8, Ronald McDonald Bingo, **Highland House** - 5:30  
 Sept. 9, Youth Appreciation, Rio Communities, City Hall  
 Sept. 15, Fri. Club Luncheon, **via Hybrid** - 12:00 - Police Officers  
 Sept. 17, Celebrate Constitution Day  
 Sept. 22, Fri. Club Luncheon, **via Hybrid** - 12:00 - Open  
 Sept. 22, Ronald McDonald Bingo, **Yale House** - 5:30

## Website Ads:

Bulletin sponsors and others can now purchase ads on the Club Website. Ads will be \$60 a year or \$15 per Quarter. We are still looking for Bulletin Ads. \$15 per year. Contact Rita at 505-238-1437. Help your Club pay Bulletin & website costs.

## Optimist Dues:

The Club will be sending out dues statements for the 2023-2024 Optimist Year in September. There will be a 4% increase to International Dues to cover Cost of Living during the last year. We are mentioning it now so there will not be a shock.

## Celebrate Community:

We help Celebrate Community every month by recognizing Police Officers of the month. By saying thank you to them we help them to feel positive about their selves and the jobs they do for us.

Celebrate Community week will be September 10-17. On Sept. 15 at noon we will be recognizing the Police Officers of the Month at our Club Luncheon. It would be nice to have a good number of members of not only our Optimist Club but also Lions, Kiwanis and Rotary there to celebrate the Officers.

## Janet Kahn School of Integrated Arts:

We received a thank you for attending the grand opening for the new buildings that now make up a Janet Kahn. The old Eubank Elementary has been torn down.



**JANET KAHN**  
School of Integrated Arts

We are looking at a number of activities to partner with the new School.

## Ronald McDonald House Bingo Prizes:

We have a great time at Bingo. We need items for prizes. Items like toys and games for children 1 to 14 and items for babies, stuffed toys, clothing and other items. Diapers and baby wipes.

**Our box of prizes is getting very low. Can you help?**

Next Bingo Night is: **Sept. 8th. at the Highland House.**  
We also need volunteers for the Bingo Nights from 5:30 – 8:30.



## ★★★ School Supplies: ★★★

Rita and Jim heard that Walmart was having great sales on School Supplies. Loose leaf paper was 17¢ instead of 84¢. Washable markers were a dollar rather than \$3 something.

Sure enough out in the garden area they found the items on sale and some very good prices. They picked up a few items that they knew we needed.

Again thanks to Kay for the very generous donation to the school supply fund.

## Speakers:

We need Speaker for the 2nd and 4th meeting of each month. If you know of someone or have a topic you are interested in contact **Dolores Morgan at 505.857.9111 or vivian515@comcast.net.**

## District & International Events:

- 1st. Trimester - Dist. Conf., Nov. 11 & 12, 2023 in El Paso  
 2nd Trimester - Dist. Conf., Apr. 13 & 14, 2024 in Roswell  
**106th Optimist International Convention Jun. 23–26, 2024, Niagara Falls, Ontario, Canada (need a passport)**  
 3rd. Trimester - Dist. Conf. & Conv., Aug. 10 & 11, 2024 in Belen

## Childhood Health & Wellness:

Childhood Health and Wellness gives Optimists many avenues to help families deal with illnesses and problems.  
Go to the OI website for ideas on how to help.



## Terri Lynn Nut Sales:

<https://theoptimistclubofabq.terri Lynn.com/>

If you log on to this website and purchase a few items you will be helping our Club raise money for our many Club activities. Tell all your family and friends about this website. *Be a friend of Youth.* Our Club is working to help in providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



## RONALD MCDONALD HOUSE \* PULL TABS:



Do you know a business that would allow you set up one of the Pull Tab houses? Maybe you know a café or bar that would collect Pull Tab.

Maybe you can stop by and pickup the tabs once a week?

Be a friend off the RM House.



## Childhood Cancer Campaign:

Our Club got involved with the Ronald McDonald Houses many years ago in a very small way. Since then OI has gotten involved and we have learned a lot more about the need for research dollars to fight cancer. Do you have ideas to help raise dollars for research?



## The Club's OI Foundation Club Piggy:



Go to [oifoundation.org](http://oifoundation.org)

For a number of years our Club has either been 100% on Dime-A-Day or at least very close to it.

We need to concentrate on Health & Wellness and Childhood Cancer as well. It is almost the end of the Optimist Year.



## 2022-2023 Club Dime-A-Day Members:

(15 of 15 = 100%)

- David C. ♥, Kay F. ♥, Steve G. ♥, Catherine H. ♥, Ramona M. ☺,  
 Lasheka M. ☺, Dolores M. ♥, Glenda M. ☺, Starr P. ♥, Stephanie S. ♥,  
 Ron R. ☺, Fred T. ♥, Pat T. ♥, James W. ♥, Rita W. ♥

## Club Luncheon Dates:


The Optimist Club of Albuquerque, NM meets weekly at the **Overture 55+ Apartment Complex.** That means we will have regular Club Hybrid (Live & Zoom) Luncheons on the 1st, 2nd, 3rd and 4th Fridays of every month.

We have Police Officers at the 3rd lunch. A speaker at the 1st. and possible the 2nd. We have a Board Meeting the 4th Tuesday evening and an open lunch the 4th Thursday. If there is a 5th Friday in the month then we will call it **La Copita Club** and it will be optional and just a social gathering not an official lunch.

The Optimist Club of Albuquerque, New Mexico



**GARCIA'S**  
**Kitchen**  
Catering  
505-242-1199



Anyone can donate to Dime-A-Day or the Foundation



**EVENTS and TENTS**  
505-401-3222


Patricia Trussell  
Independent Consultant  
Rank: Consultant  
patrussell.thrive.life@gmail.com  
www.patrussell.thrive.life.com  
Phone: (505) 280-1753  
We help people around the world create thriving lives




**Sheraton**  
ALBUQUERQUE UPTOWN  
2600 Louisiana Blvd. NE

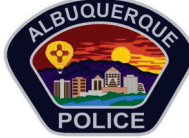
**OVERTURE**  
ALBUQUERQUE  
6441 Palomas Ave. NE  
(505) 288-3192

**Bulletin ads are \$15 a year**  
**Website ads are \$60 per year or \$15 per quarter.**  
**Call Rita at 505-238-1437**



*Walter Dolde*  
*Charter President*  
*The Optimist Club*  
*Of Albuquerque,*  
*New Mexico*  
March 1940

Optimist Youth Camp  
Evening Optimist Club

**ALBUQUERQUE POLICE**  
SUPPORT THEM



**American Limousine**  
info@americanlimosabq.com  
505-877-7576



Our community benefits from every donation you make to the O.I. Foundation.





505-836-4035



**Turquoise Roadrunner Catering**  
Robert & Trish Templeton  
505.217.6444 or 505.400.4977  
turquoiseroadrunnercatering@gmail.com



**Terri Lynn**  
EST. 1936  
<https://theoptimistclubofabq.terri Lynn.com/>



**RONALD McDONALD HOUSE CHARITIES**  
NEW MEXICO

Have Santa Zoom your Family  
go to [www.americassanta.com](http://www.americassanta.com)




**CHILDREN'S HOSPITAL**


### Purposes of Optimist International

To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed; To promote an active interest in good government and civic affairs; To inspire respect for the law; To promote patriotism and work for international accord and friendship among all people; To aid and encourage the development of youth, in the belief that the giving of one's self in the service to others will advance the well-being of humankind, community life and the world.




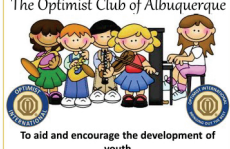
OPTIMIST INTERNATIONAL CHILDHOOD CANCER CAMPAIGN  
OPTIMIST INTERNATIONAL CHILDHOOD HEALTH & WELLNESS  
OPTIMIST INTERNATIONAL COMMUNICATION CONTEST FOR THE DEAF & HARD OF HEARING  
OPTIMIST INTERNATIONAL ESSAY CONTEST  
OPTIMIST INTERNATIONAL INTERNET SAFETY  
OPTIMIST INTERNATIONAL KIDS SPEAK OUT!  
OPTIMIST INTERNATIONAL ORATORICAL WORLD CHAMPIONSHIPS  
OPTIMIST INTERNATIONAL RESPECT FOR LAW  
OPTIMIST INTERNATIONAL TRI-STAR SPORTS  
OPTIMIST INTERNATIONAL VISUAL ARTS COMPETITION PAINTINGS & DRAWINGS  
OPTIMIST INTERNATIONAL YOUTH APPRECIATION  
OPTIMIST INTERNATIONAL YOUTH SAFETY

Learn more about  
The Optimist Club of Albuquerque, New Mexico  
at  
<https://www.facebook.com/OptimistClubofABQ/>  
OR  
<https://optimistclubofalbuquerque.org>



For Lovers of Good Books, Fine Spirits and Good Conversation  
E. E. Curley Roose - Established March 9, 1940  
Luncheon on the 5th Fridays during the year at the Sheraton Uptown at noon





The Optimist Club of Albuquerque  
To aid and encourage the development of youth

Friend of Youth

Postage Stamp

The Optimist Club of Albuquerque, New Mexico  
Meeting every Fridays at 12:00  
c/o Fred G. Trussell or Patricia Trussell  
Overture 55+ Apartment Complex  
6441 Palomas Ave. NE, Apt. 304  
Albuquerque, New Mexico 87109

